CERTIFICATE COURSE IN COMMUNITY HEALTH

Course Curriculum

Course Title: Certificate Course in Community Health

Level of the Course: Certificate

Introduction of the Course/Programme

Two third population of India lives in rural area and have no access to proper health care. The Alma Ata declaration of 1978 declared health, as a fundamental right and that the attainment of highest possible level of health, a most important worldwide social goal, whose realization requires the action of many other social & economic sectors, in addition to the health sector. Health for all is the National Goal & Priority. There is urgent need to provide Paraprofessional health workers selected among the community itself, to provide simple, preventive and curative health services including family planning, under the community workers scheme. The Govt. launched Jan Swasthya Rakshak (Community Health Worker) scheme to train 5,80,000 Health Worker recommendation of Srivastava Committee in 1977. This Health Worker Scheme (1977) labeled -as Community Health Volunteers in 1980, which relabeled as village Health Guide in 1981. But due to-population explosion poverty, illiteracy and many other causes the National Goal of Health for All has not reached up to its target level. Since there are so many areas/sectors, not only in rural but also in urban where-

- There are no medical facilities fully developed.
- There are no doctors in sufficient number, according to population density.
- No facility is available during the emergency at Night even knowledgeable person who could guide or refer the case to city hospitals.
- There is no person, who could guide the community for Family Planning Prevention of diseases Health & Hygiene,

Health Environment, Polio Prevention, and AIDS etc.

Therefore there is an immediate need to prepare workforces, who can assist/provide the appropriate care/service to the Community in the Rural Sectors, Hospitals, Nursing Homes, and Health Clubs etc. These skilled personals at least one from each village/mohalla will be trained through this Vocational Training Programe: Community Health (Jan-Swasthya). These trained persons will work in the community as a Multipurpose Health worker and they will work as facilitators for creating Health awareness, Knowledge of Healthy Environment, Health & Hygiene and First aid prevention of diseases and provide - appropriate treatment, in emergency situations. Thus, it is expected, that all these gaps can be covered up through the Health workers under this Programme.

Objectives:

After completion of this Programme, a trainee should have -

- Basic knowledge on Human anatomy and Physiology
- · Understanding on health, hygiene and nutrition
- * Knowledge on communicable, diseases, life style diseases and common non-communicable diseases including emergency measures and Prevention of diseases
 - Practical knowledge on First Aid, Pharmacy and drug reaction
 - Ability to provide the guidance on maternal and child health care, including family planning and immunization

Eligibility Criteria: 10th Class Pass

Job Opportunities:

It is expected that this programme will be to train and prepare skilled Health workers. These train persons will work in the community as a Health worker and mey will work as facilitators for creating Health awareness, Knowledge of Healthy Environment Health & Hygiene, and First aid and assist in getting appropriate treatment in emergency situations.

After passing through this course, the trainees will have job opportunities as an assistant/health worker in the Community or Hospital settings such as in Hospitals, Nursing Homes, and Health Clubs etc.